

MINORITY HOUSE STAFF ORGANIZATION NEWSLETTER

SPRING 2022
THIRD
QUARTER



MHO Travel Awardees Lydi Martinez (Anesthesia PGY3), Christian Hernandez (Emergency Medicine, PGY1) and Hugo Torres (Endocrine fellow) represent UCLA at LMSA National!



MHO Members at the Second Saturday April Picnic

WELCOME MESSAGE

Querida familia,

Happy spring! It's hard to believe we are already 3 full months into the calendar year. Much continues to play out in the world - from our surrounding neighborhoods to overseas - that maintains a constant state of uncertainty. As some of us enter and continue these Ramadan and Lenten seasons of reflection, we encourage everyone to focus their energy and time on strengthening existing support structures and self-care practices. As we watch the coming months slowly unfold into bloom, may we always remember that hope springs eternal.

We are so proud of all you have brought into 2022. Thank you for allowing us to share with our community your work and lives. For those of you with medical student mentees, please don't forget to remind them about UCLA's visiting rotation applications (see individual department websites). These are excellent ways to get an inside feel for programs and network with faculty and trainees.

As always, please remember that we are always around to grab a snack and chat! See you on the wards!

Community and Professional Development Committee
Precious Fortes, Erica Manriquez, Jennifer Bailey & Manal Khan

FLAVORS OF THE WEEK



BURRITOS LA PALMA

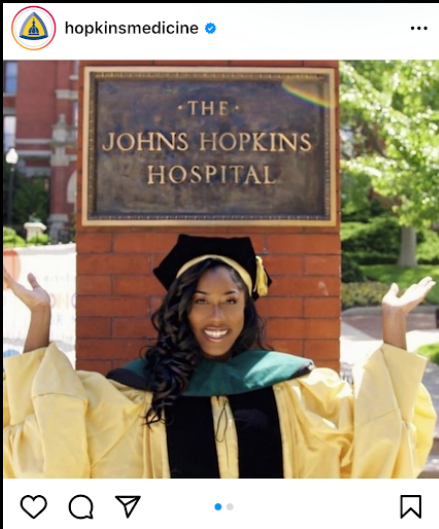
Want to be transported back to your abuelita's kitchen? You're in luck. Burritos La Palma has a Michelin Star (!) for evoking this nostalgia in a good ole fashioned bean and cheese burrito. The tortillas are fresh and buttery, frijoles the perfect texture and the cheese a melty goodness. You may have to drive a minute since all locations are on the east side, but it's worth it. Order a couple (they're small!) with a Fanta on the side and cruise down memory lane.
@burritosalpalma
(Erica Manriquez)



HONEY'S KETTLE FRIED CHICKEN

Continuing on the theme of feeding the soul, this spot is all in the name. Local owner Chef Vinny makes a mean fried chicken and catfish. We are always suckers for a homemade biscuit too. Wash it all down with the blueberry mint lemonade. The Culver City location is just 15 minutes from Westwood. Come hungry!
@honeyskettle
(Reza Hessabi)

IN THE NEWS



DR. AMIRA COLLISON

Dr. Amira Collison (Psychiatry PGY1) is highlighted on @hopkinsmedicine social media for her excellence after graduating from Hopkins with Honors many years after her father became the first Black male interventional cardiologist at the same institution. Many congratulations to her family!

https://www.instagram.com/p/CZzDWnIM1NA/?utm_medium=share_sheet



DR. PRESTON IGWE

Dr. Preston Igwe's (Psychiatry PGY1) viral tweet about a patient encounter at the VA continues the important conversation about deepening commitments to representation in medicine

<https://connect.uclahealth.org/2022/02/09/tweet-black-representation-medicine/>

¡Felicidades!

RESEARCH SUCCESS



Dr. Stewart Smith (Cardiac Anesthesia Fellow), Dr. Cecilia Canales (Anesthesia PGY4) and Dr. Brittany Burton (Anesthesia PGY3, below) were recently honored as awardees at the 2022 Department of Anesthesia and Perioperative Medicine Scientific Evening. Congratulations on your research success!

Dr. Kasee Houston (Neonatal/Perinatal Medicine Fellow PGY5) was recently awarded the Society for Pediatric Research's PROSPER Diversity award. Congratulations!

¡Felicidades!

WEDDING

Dr. Efe Chantal Ghanney Simons (Urology PGY5) recently tied the knot to now-husband Nicholas Nathaniel Simons at Rava Wines in Paso Robles. Green never looked so good.



BABIES

Dr. Precious Fortes (Pathology PGY2) gets ready to welcome the newest addition to her family. Baby sister will join older sister Magnólia and brother Malachite. Congratulations!

RISING CHIEFS

A HUGE KUDOS TO THESE RISING CHIEFS FOR THE 2022-2023 ACADEMIC YEAR. WE APPRECIATE YOUR LEADERSHIP AND SERVICE TO YOUR DEPARTMENTS!

**Dr. Chase Richards (Emergency Medicine PGY3)
Dr. Efe Chantal Ghanney Simons (Urology PGY5)
Dr. Brandon Smith (Internal Medicine PGY3)
Dr. Eduardo Rodriguez (Pathology PGY3)**

MENTORSHIP CORNER AND OTHER OPPORTUNITIES

NATIONAL INSTITUTE OF DIABETES AND DIGESTIVE AND KIDNEY AND KIDNEY DISEASES
MAY 19-20, 2022 IN BETHESDA, MD
TRAINEE APPLICATIONS DUE APRIL 1

NIH National Institute of Diabetes and Digestive and Kidney Diseases

Search Entire Site... Search

Research & Funding Health Information News About NIDDK

Home \ News \ Meetings and Workshops \ The Social Component of Diabetes Health Disparities: New Directions in Analyses and Interventions Through Social Networks and Structures

View Meetings & Workshops

THE SOCIAL COMPONENT OF DIABETES HEALTH DISPARITIES:
 New Directions in Analyses and Interventions Through Social Networks and Structures

May 19-20, 2022 Hyatt Regency Bethesda WORKSHOP

The Social Component of Diabetes Health Disparities: New Directions in Analyses and Interventions Through Social Networks and Structures

May 19 - 20, 2022

HISPANIC LEADERSHIP DEVELOPMENT FELLOWSHIP PROGRAM

Are you a public health graduate student interested in a public service career?

Gain experience at the U.S. Department of Health and Human Services

Applications for the Hispanic Leadership Development Fellowship applications are currently being accepted.

Extended Application Deadline: April 15, 2022

This program is supported by the Office of Minority Health of the U.S. Department of Health and Human Services (H.H.S.) as part of a financial assistance award totaling \$760,000 with 100 percent funded by the Office of Minority Health/OASH/HHS.



ANNUAL AAIP CROSS CULTURAL MEDICINE WORKSHOP ALBUQUERQUE, NM
REGISTER AT:
[HTTPS://WEB.CVENT.COM/EVENT/24C51AFD-C5AA-4F37-8A35-F6C3369FFD9E/REGPROCESSSTEP1](https://web.cvent.com/event/24c51afd-c5aa-4f37-8a35-f6c3369ffd9e/regprocessstep1)

LMSA HABLO ESPAÑOL PIN FUNDRAISER

Medical Student

TO PURCHASE:

1. COMPLETE ORDER FORM [HTTPS://LINKTR.EE/LMSA.UCLACDU](https://linktr.ee/lmsa.uclacdu)
2. SEND PAYMENT TO VENMO @UCLADREW-LMSA

THE PIN FUNDRAISER HAS RETURNED! GET SOME SWAG FOR YOUR WHITE COAT BEFORE THEY RUN OUT.

NMA National Medical Association

CALL FOR ABSTRACTS NIH Small Conference Grant R13 Program

The goal of this program is to generate early awareness of health disparities and possible solutions among early-stage investigators and trainees. We plan to achieve this goal by fostering interaction between early-stage investigators, trainees, senior investigators and seasoned clinicians at the National Medical Association (NMA) 2022 Annual Convention and Scientific Assembly. The NMA Internal Medicine (IM) Section steering committee members and senior faculty will serve as mentors to the trainees and early stage investigators.

National Medical Association 2022 - Effectively Addressing the Impact of COVID, Health Care Disparities, and Chronic Conditions on African Americans

2022 LOCATION:
 Georgia World Congress Center
 285 Andrew Young International Blvd, NW
 Atlanta, GA 30313

LOGISTICS:
 The 2022 Annual Convention & Scientific Assembly
July 30 - August 3, 2022

PROGRAM AND FORMAT: The time of this program is TBD. It will be on Sunday July 31st. Selected early career investigators will engage with senior faculty and receive information guidance on advancing in academia. All early career investigators and trainees who are selected to present will have the opportunity to attend our planned Internal Medicine scientific CME sessions in the areas of Endocrinology, Diabetes, and Metabolism, General Medicine, HIV/AIDS, Gastroenterology, Cardiology, Oncology, and Nephrology throughout the duration of the NMA Annual Convention and Scientific Assembly, Saturday, July 30th - Tuesday, Aug 2nd.

If selected to present orally, you will be asked to provide a 10-minute oral presentation with 5 minute Q&A. If you are selected to present a poster, you must present a poster during the poster session on July 31st.

HOW TO APPLY: We are encouraging early career investigators and trainees to submit abstracts that are in alignment with our IM subspecialties. The selection committee will review the submitted abstracts for oral presentation and objectively select early career investigators to present. All participants are REQUIRED to present their abstract in oral format AND attend the ENTIRE R13 Sunday program described above. Participants are also encouraged to participate in the entire NMA conference.

ABSTRACT REQUIREMENTS: If you are interested, please submit a 450 word or less abstract to our PI, Dr. Ayantunde O. Dukun, c/o Dr. Chanda Nicole Holley, Co-PI and NMA IM Section Executive, at nma.im.section@gmail.com by Tuesday, June 7th.

The categories of the abstracts should meet the program objectives listed in this year's theme (e.g., COVID, health disparities, etc.) OR fall within the scope of the topic areas of i.e., Diabetes, Obesity, Gastroenterology, Cardiology, General Internal Medicine, Oncology, and Nephrology or other IM areas addressing health disparities in African American communities. Clinical, translational, and basic science studies are acceptable. Previously presented abstracts in other forums will be considered but must be indicated as previously presented in the submission.

AUTHOR ELIGIBILITY: The first author must be an early career investigator, e.g., undergraduate, graduate or medical student, resident, fellow, post-doctoral fellow, or assistant professor.

The applicant does not have to be an NMA member to apply.

AUTHOR SELECTION PROCESS: The Internal Medicine abstract review team will review and select abstracts and determine presentation format.

ARE ENCOURAGED TO APPLY

- Undergraduates,
- graduate or medical students,
- residents,
- fellows,
- post-doctoral fellows, and
- assistant professors

ARE ENCOURAGED TO APPLY

*To avoid possibly being lost to follow-up, please be sure to indicate a personal email contact in addition to your institution email address.

CONFERENCE SUPPORT LOGISTICS: This program is supported by an NIH R13 travel grant, therefore, transportation and three nights lodging will be provided, along with a \$300 stipend.

MENTORSHIP CORNER AND OTHER OPPORTUNITIES



**REGISTER FOR AAIP'S 50TH ANNIVERSARY NATIONAL CONFERENCE AT:
[HTTPS://WEB.CVENT.COM/EVENT/F3BBEDB1-6AFA-4C63-830D-08DC977FD6B6/REGPROCESSSTEP1](https://web.cvent.com/event/f3bbedb1-6afa-4c63-830d-08dc977fd6b6/regprocessstep1)**

CHEC (CANCER HEALTH EQUITY COLLABORATIVE)

The Cancer Health Equity Collaborative is a new initiative at UCLA centered around promoting health equity across the cancer care continuum, fostering multidisciplinary collaborations in oncology research and increasing diversity in the oncology healthcare workforce.

CHEC was formed by trainees and is open to medical students, residents, fellows and attendings interested in cancer health disparities. The mission of this group is: 1) to create a community that facilitates research collaborations, engagement with local organizations in LA county and networking; 2) to promote cancer health disparities work at UCLA and increase awareness of the importance of this work across the health care system and medical school; and 3) to develop pipeline strategies to increase diversity in the oncology healthcare workforce.

If you are interested in being part of this new endeavor, please contact: domedi@mednet.ucla.edu to be directed to the organization's founding members.

BOOKS

Just Medicine: A Cure for Racial Inequality in

American Healthcare Danya Bowen Matthew

Fresh Fruit, Broken Bodies: Migrant Farmworkers in the United States Seth M. Holmes

Medical Apartheid Harriet A. Washington

Evicted: Poverty and Profit in the American City Matthew Desmond

Beyond the Gender Binary Alok V. Menon

PROFESSIONAL SOCIETIES

Professional societies

NMA @nationalmedassn
<https://www.nmanet.org/>

NHMA @nhmamd @nhma_cor
<https://www.nhmamd.org/>

AAIP @aaipdocs
<https://www.aaip.org/>

Society of Black Academic Surgeons @societyofbas
<https://www.sbas.net/>

Latino Surgical Society @latinosurgery
<https://www.latinosurgicalsociety.org/>

Be a mentor, support our medical students and their work!

LMSA @lmsa.uclacdu
SNMA @snma_ucladrew

PODCASTS



Check out Dr. Kemi Doll's "Your Unapologetic Career." Designed for women of color pursuing academic careers but with pearls of wisdom we ALL need in our life.

<https://podcasts.apple.com/us/podcast/your-unapologetic-career-podcast/id1565219435>

¡Photos!



Our excellent all Latina team running the show in Westwood keeping the kiddos safe overnight. From left to right: Dr. Adrianna Stanley (Med-Peds PGY3), Dr. Laura Hernandez Santiago (Peds PGY1) and Dr. Gabriela López (Peds PGY1).



Our amazing duo: pediatric co-Residents Esi Braimah, PGY2 and Jennifer Bailey, PGY2 taking care of all the kiddos at the Mattel Children's Hospital.



Lydi Martinez (Anesthesia PGY3) with students at LMSA National!



Getting outside during MHO's inaugural Second Saturday's hangouts!



MHO Members at the first Second Saturday: Maria Paula Arias (OB/GYN, PGY1), Jennifer Bailey (Pediatrics PGY2) and Daniel Okobi (MHO Co-President) enjoying the Baldwin Hills Hike.

Anderson TN, Kearse LE, Shi R, **Kaba A**, Schmiederer IS, Huffman EM, Ritter EM, Korndorffer JR Jr. Surgical endoscopy education research: how are we doing? *Surg Endosc.* 2022 Feb 22. <https://link.springer.com/article/10.1007/s00464-022-09104-1>

Wong D, Mardock A, **Manriquez E**, Lai T, Sanaiha Y, Sinno A, Benharash P, Cohen J. Trends in Extent of Surgical Cytoreduction for Patients with Ovarian Cancer. *PLoS One.* 2021 Dec 8;16(12). <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC8654234/>

Chen C, Gold G, Cannesson M, **Lucero J**. Calling Out Aversive Racism in Academic Medicine. *N Engl J Med.* 2021 Dec 25. Online ahead of print. <https://www.nejm.org/doi/full/10.1056/NEJMp2112913?af=R&rss=currentIssue>

Canales C, Mazor E, Coy H, Grogan T, Duval V, Raman S, Cannesson M, Singh S. Preoperative Point-of-Care Ultrasound to Identify Frailty and Predict Postoperative Outcomes: A Diagnostic Accuracy Study. *Anesthesiology.* 2021 Dec 1. Online ahead of print. <https://pubs.asahq.org/anesthesiology/article-abstract/doi/10.1097/ALN.0000000000004064/118009/Preoperative-Point-of-Care-Ultrasound-to-Identify?redirectedFrom=fulltext#.YaqPy4mVKbg.twitter>

Bañuelos Mota A, Madrigal AT, Zia S, Robinson J. Student Voices on Leadership Training Needs to Care for Underserved Populations. *PRiMER.* 2021 Oct 18;5:37. <https://journals.stfm.org/primer/2021/mota-2020-0079/>

Manriquez E, Zakhour M, Salani R. Precision Medicine for Cervical Cancer. *Curr Opin Obstet Gynecol.* 2021 Oct 1. https://journals.lww.com/co-obgyn/Abstract/9000/Precision_medicine_for_cervical_cancer.99091.aspx

Ghanney Simons E, Bennet C. The First Black Woman in Urology in the United States. *Urology.* 2021 Aug 31;S0090-4295(21)00817-7. [https://www.goldjournal.net/article/S0090-4295\(21\)00817-7/fulltext](https://www.goldjournal.net/article/S0090-4295(21)00817-7/fulltext)

Khan M, Madaan V. New Ways to Support the Recruitment of International Medical Graduates During the Pandemic. *Academic Medicine.* 2021 May 1;96(5):616. https://journals.lww.com/academicmedicine/Fulltext/2021/05000/New_Ways_to_Support_the_Recruitment_of.6.aspx

Ghanney Simons E, Thavaseelan S, Saigal C, Downs T. Diversifying Graduate Medical Education and the Urology Workforce: Re-imagining our Structures, Policies, Practices, Norms and Values. *Urology.* 27 June 2021. <https://www.sciencedirect.com/science/article/abs/pii/S0090429521005549?dgcid=coauthor>

Rafla-Yuan E, Chhabra D, **Mensah M**. Decoupling Crisis Response from Policing - A Step Toward Equitable Psychiatric Emergency Services. *NEJM.* 6 May 2021. <https://www.nejm.org/doi/full/10.1056/NEJMms2035710>

Cannon S, Seideman C, Thavaseelan S, Wilson S, Zaila K, Delgado J, **Ghanney Simons E**, Dy G. Urologists for Equity: A Collective Approach Towards Diversity, Equity and Inclusion in Urology. *Urology.* 2021 Jul 29. [https://www.goldjournal.net/article/S0090-4295\(21\)00706-8/fulltext](https://www.goldjournal.net/article/S0090-4295(21)00706-8/fulltext).

Ghanney Simons E. Black Women in Urology. *AUA News.* April 2021. <https://epub.auanet.org/publication/?i=702382&ver=html5&p=5>.

PRESENTATIONS

The Use of USMLE Step 1 and USMLE Step 2 Required Minimum Scores in Screening Urology Residency Applicants for Interview Offers
Assessing the Perceived Importance of Selection Criteria for Urology Residency by Under-Represented in Medicine Applicants

Racial and Ethnic Differences in Medical Student Timing and Perceived Quality of Exposure to Urology
Trends in Race and Ethnicity Among Applicants to US Urology Residency Programs
Landscape Analysis of the Use of Holistic Review in the Urology Residency Match Process

Society of Academic Urology (SAU) Meeting at AUA Speaker Invitation
The Role of Race/Ethnicity in Perceived Exposure, Access and Training in Urology: Experiences and Perspectives of Under-Represented in Medicine (URiM) Urologists. Society of Academic Urology (SAU) Meeting, May 2022.

Efe Chantal Ghanney Simons

A Novel Protocol Using Electroencephalography and Artificial Intelligence for Seizure Detection and Treatment. Society for Academic Emergency Medicine National Conference, May 2022.
Risk: Working in a World of Uncertainty. Society for Academic Emergency Medicine National Conference, May 2022.

Chase Richard

Announcements!

PLEASE JOIN UCLA MHO FOR

Second ~~Saturday~~ Sunday Brunch

Alta
5359 West Adams Blvd
Sunday, April 10
11:30 AM
RSVP below or scan QR code
<https://tinyurl.com/37bpj9u>




UPCOMING EVENTS

Please RSVP for our

Second Sunday Brunch
Sunday April 10 at 11:30am
Alta
5359 W Adams Blvd,
Los Angeles, CA 90016
RSVP with the QR code or
the link in the flyer

Save the Date:
MHO's First annual
graduation celebration
June 10th at 6:00pm
UCLA Luskin Center



Save the Date

UCLA'S MINORITY HOUSESTAFF ORGANIZATION'S
FIRST ANNUAL

GRADUATION CELEBRATION

Please save the date!

JUNE 10 | UCLA Luskin Center
425 Westwood Plaza,
Los Angeles, CA 90095 | 6:00 PM

Professional Development Series

THANK YOU FOR ATTENDING

The MHO kicked off their first professional development series with a phenomenal guest speaker **Ethan Nkana** sharing tips and valuable information on contract negotiation.

If you were unable to attend, the session was recorded and will be available for our MHO members.

More Professional Development Series sessions to come!

Please join us for the next one.

MHO'S Professional Development Series

Topic #1: Contract Negotiation with Ethan Nkana

Tuesday, March 29 at 7PM PST



Ethan A. Nkana, JD, MBA
Principal

Professional athletes spend their entire lives training to develop their skills and strength in mastery of their sport at the highest professional levels. Similarly, physicians train their entire lives developing a mastery of the sciences and medicine. Why don't physicians have agents who negotiate their deals like professional athletes?

This inquiry was the genesis of Rocky Mountain Physician Agency.

After more than one decade in hospital and healthcare administration, specializing in physician contracting and compensation, Ethan recognized that his skills, training, and expertise could be put to more meaningful use negotiating physician contracts on behalf of physicians.



The extensive experience Ethan has in physician contracting is founded on a doctorate degree in law from the University of Dayton School of Law. While completing his legal training, Ethan earned his master's of business administration, also from the University of Dayton. He earned his B.S. in Business Administration & Public Relations from Southern Adventist University.

INTERESTED IN WORKING ON THE NEWSLETTER ?

Please email the **Community and Professional Development (CPD) Committee**

**Erica Manriquez, Precious Fortes,
Jennifer Bailey & Manal Khan**

Understanding Physician Value

 <p>Productivity & Capacity</p> <p>The physician's capacity and efficiency treating patients or performing procedures</p>	 <p>Specialized Skills</p> <p>The physician's specialized training, sub-specialization or treatment of rare disease/conditions</p>	 <p>Clinical Improvement</p> <p>Participate in clinical improvement programs and initiatives to boost clinical outcomes</p>
 <p>Years of Experience</p> <p>How long the physician has been practicing. A physician's proficiency may increase quickly with volume</p>	 <p>Physician Leadership</p> <p>Physicians may participate in clinical or executive leadership which provides additional compensation</p>	 <p>Market Conditions</p> <p>Specialty saturation and scarcity, community growth, payer mix, cost of living, critical access, and much more</p>