

**SUMMER 2022
FOURTH
QUARTER**

MINORITY HOUSE STAFF ORGANIZATION NEWSLETTER



Minority Housestaff Organization

UCLA Health • David Geffen School of Medicine

WELCOME MESSAGE

Dear fam,

Whew! Nothing like a season of beginnings and ends to reflect back on the grind of the last year. Congratulations to all of our graduates!!! We could not be more proud watching you step into these next chapters. Thank you for your hard work and sacrifice and for empowering us all to be our best selves.

A huge thank you to the inaugural board members of the MHO. It's been a wild year to undertake the creation of such a special organization. The vision, drive and love you all brought to the table was second to none.

And an eternal thank you to Dr. Christina Harris (who will be SORELY missed), to Yemi and Mel and Dr. Lovelee Brown who are the real MVPs behind the scenes leading MHO into this next year.

It has been a true pleasure to collate all of your celebrations and joy into this little newsletter. We excitedly pass the baton to our rising new CPD Committee Drs. Angellica Gordon, Christian Hernandez and Cecil Benítez.

Con mucho cariño,

Community and Professional Development Committee
Erica Manriquez, Jennifer Bailey, Manal Khan and Precious Fortes



Dr. Christina Harris with our MHO graduating members and Dr. Lovelee Brown.



EL HUARIQUE

I LOVE the El Huarique down in Venice, by far the best peruvian restaurant I have had in LA. Lomo saltado is to die for, shrimp ceviche is super fresh, and the fried yuca is a must have.

@elhuarique
(Maria Paula Arias)



BANADIR SOMALI RESTAURANT

Located in Inglewood, this is a halal staple. Get yourself their chicken and rice suqaar with a large glass of tea on the side!

@banadirsomalirestaurant

(Manal Khan)

IN THE NEWS



DR. LOVELEE BROWN

Spotted! Our founder and OG hype person Dr. Lovelee Brown (Internal Medicine Clinical Instructor) on UCLA Health's Community and Equity page.

DR. PRESTON IGWE

Dr. Preston Igwe (Psychiatry PGY1) engages his large Twitter following in an important conversation about suicide rates among Black youth.

<https://twitter.com/prestonigwemd/status/1524107085079744512?s=21>



DR. MARIA GARCIA-JIMENEZ

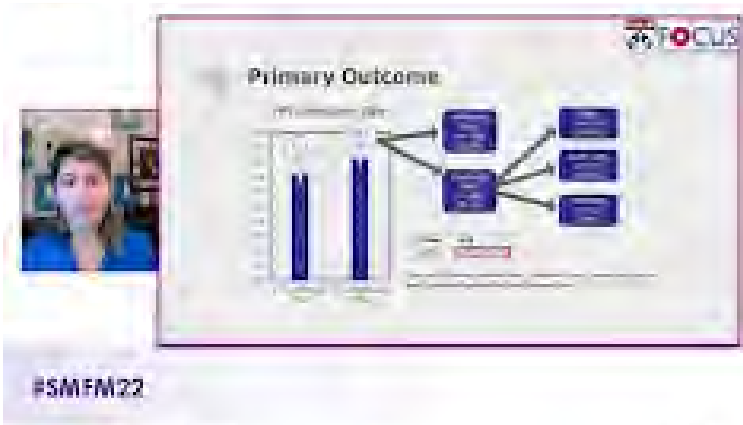
Dr. Maria Garcia-Jimenez (Heme/Onc PGY6) discusses her important work around decreasing disparities in oncologic care in HemOnc Today. Felicitades



"I knew suicide rates for Black youth have been rising..."

¡Felicidades!

DR. MARIA PAULA ARIAS



Dr. Maria Paula Arias (Ob/Gyn PGY1) was awarded the SMFM (Society for Maternal Fetal Medicine) Outstanding Early Career Investigator Award for her work looking at the role of telehealth in increasing access to postpartum care. She presented her work at the annual national SMFM conference in February.

DR. ADYS MENDIZABAL

Dr. Adys Mendizabal (Neurology Movement Disorders Fellow PGY6) was chosen to present “HD Research 101” for the HDSA (Huntington’s Disease Society of America) Convention in Atlanta, Georgia in June. She will be staying on at UCLA as Assistant Professor (tenure track) at the Institute of Society and Genetics and Department of Neurology where she will start a health services research lab on health disparities in Huntington’s Disease and Adverse Childhood Experiences (ACEs) in neurologic conditions, teaching undergrads in the Human Biology and Society major and seeing patients in the Movement Disorders Division.

DR. MANAL KHAN

Dr. Manal Khan (Child and Adolescent Psychiatry Fellow PGY5) was appointed as the Deputy Minority and Underrepresented Groups Representative for Southern California Psychiatric Society.



DR. MARIA GARCIA-JIMENEZ,

Dr. Maria Garcia-Jimenez, MD/MHS (Heme/Onc PGY6) is graduating from the UCLA Hematology/Oncology Fellowship program and staying on as faculty in the UCLA Division of Hematology/Oncology and Olive View Medical Center. In addition to providing patient care, she will be continuing her research in cancer health disparities and clinical trial participation disparities for racial/ethnic minority patients with cancer, particularly Latinx and Spanish-speaking patients, in Los Angeles County. She will also be leading clinical trial and cancer research efforts at Olive Medical Center as their Director of Oncology Research.

¡Felicidades!

WELCOMING MARIPOSA

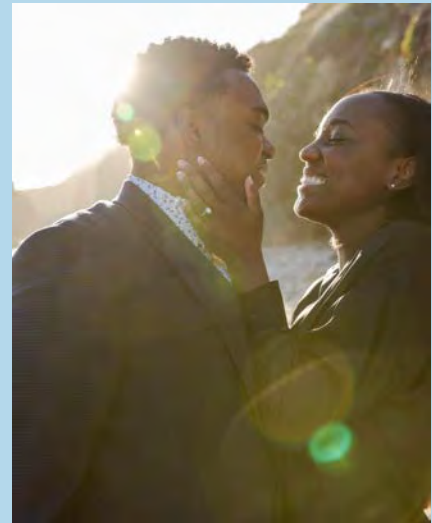


Dr. Precious Fortes (PGY2 Pathology) welcomed her third child, Mariposa Alani on April 13th. She is keeping her older sister and brother busy. Mariposa was nocturnal for the first six weeks of life, but is finally sleeping when the moon is out. She's already on clinical rotations and learning all about molecular tests at UCLA.

A BEACH ENGAGEMENT



Dr. Frederick (Freddy) Ferguson (PGY2, Family Medicine) proposed to his lovely fiancé, Dr. Alexandria Thomas (PGY1, Family Medicine) in the beautiful picturesque El Matador beach. Congratulations you, two!



CONGRATULATIONS

A special thank you to Dr. Christina Harris and congrats on your new position. We will miss you! Congratulations to all of our MHO graduates, please keep in touch.



MHO LEADERSHIP

CONGRATULATIONS TO OUR OUTGOING SENIORS AND WELCOME TO OUR NEW LEADERS!

Community and Professional Development Committee






Dr. Jennifer Bailey
Pediatrics, PGY 2

Dr. Manal Khan
Child and Adolescent Psychiatry
PGY 6

Dr. Erica Manriquez
Gynecologic Oncology, PGY 6

Dr. Precious Fortes (Historian)
Pathology, PGY 2

Community Investment and Recruitment Committee






Dr. Efe Chantal Ghanney
Urology, PGY 5

Dr. Chase Richard
Emergency Medicine, PGY 3

Dr. Brittany Tarrant
Child and Adolescent Psychiatry
PGY 5

Dr. Adrianna Stanley (Historian)
Medicine-Pediatrics, PGY 3

Health System Equity Committee






Dr. Lawrence Benjamin
Pulmonary and Critical Care
PGY 5

Dr. Freddy Ferguson
Family Medicine, PGY 2

Dr. Amanda Labora
General Surgery, PGY 3

Dr. Reza Hessabi (Historian)
Emergency Medicine, PGY 2
UCLA David Geffen School of Medicine

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**UCLA 2021-2022
Minority Housestaff
Organization
Executive Board**

Email Contact: OShoroye@mednet.ucla.edu

Community and Professional Development Committee






Dr. Cecil Benitez
Radiation Oncology
PGY 6

Dr. Christian Hernandez
Emergency Medicine PGY 2

Dr. Angelica Gordon
Nuclear Medicine, PGY 3

Dr. Precious Fortes (Historian)
Pathology, PGY 3

Community Investment and Recruitment Committee






Dr. Efe Chantal Ghanney
Urology, PGY 6

Dr. Chase Richard
Emergency Medicine, PGY 3

Dr. Brittany Tarrant
Child & Adolescent Psychiatry PGY 5

Dr. Diana Lopez (Historian)
Internal Medicine, PGY 2

Health System Equity Committee






Dr. Daniela Alarcon
Emergency Medicine, PGY 2

Dr. Freddy Ferguson
Family Medicine, PGY 3

Dr. Amanda Labora
General Surgery, PGY 4

Dr. Marlana Gomez (Historian)
Anesthesia, PGY 2
UCLA David Geffen School of Medicine

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**UCLA 2022-2023
Minority Housestaff
Organization
Executive Board**

UCLAMHO@mednet.ucla.edu

RISING CHIEFS

A HUGE KUDOS TO THESE RISING CHIEFS FOR THE 2022-2023 ACADEMIC YEAR. WE APPRECIATE YOUR LEADERSHIP AND SERVICE TO YOUR DEPARTMENTS!

Keep an eye out for these rising chiefs for the 2022-2023 academic year!!!

Dr. Chase Richard (Emergency Medicine PGY3)
Dr. Efe Chantal Ghanney Simons (Urology PGY5)
Dr. Brandon Smith (Internal Medicine PGY3)
Dr. Brittany Tarrant (Psychiatry PGY4)
Dr. Jennifer Bailey (Pediatrics PGY3)
Dr. Ozioma Obiwuru (Pediatrics PGY3)

WE ARE EXCITED TO ANNOUNCE THE
2022-2023 CHIEF FELLOWS OF
CHILD AND ADOLESCENT PSYCHIATRY:



Mahta Baghoolizadeh, MD



Brittany Tarrant, MD, MS



Congratulations 2023-2024 Chief Residents



MENTORSHIP CORNER AND OTHER OPPORTUNITIES



REGISTER FOR AAIP'S 50TH ANNIVERSARY NATIONAL CONFERENCE AT:
[HTTPS://WEB.CVENT.COM/EVENT/F3BBEDB1-6AFA-4C63-830D-08DC977FD6B6/REGPROCESSSTEP1](https://web.cvent.com/event/F3BBEDB1-6AFA-4C63-830D-08DC977FD6B6/REGPROCESSSTEP1)

CHEC (CANCER HEALTH EQUITY COLLABORATIVE)

The Cancer Health Equity Collaborative is a new initiative at UCLA centered around promoting health equity across the cancer care continuum, fostering multidisciplinary collaborations in oncology research and increasing diversity in the oncology healthcare workforce.

CHEC was formed by trainees and is open to medical students, residents, fellows and attendings interested in cancer health disparities. The mission of this group is: 1) to create a community that facilitates research collaborations, engagement with local organizations in LA county and networking; 2) to promote cancer health disparities work at UCLA and increase awareness of the importance of this work across the health care system and medical school; and 3) to develop pipeline strategies to increase diversity in the oncology healthcare workforce.

If you are interested in being part of this new endeavor, please contact: domedi@mednet.ucla.edu to be directed to the organization's founding members.

BOOKS

This Here Flesh **Cole Arthur Riley**
Rain of Gold **Victor Villaseñor**
Just Medicine: A Cure for Racial Inequality in American Healthcare **Danya Bowen Matthew**
Fresh Fruit, Broken Bodies: Migrant Farmworkers in the United States **Seth M. Holmes**
Medical Apartheid **Harriet A. Washington**
Evicted: Poverty and Profit in the American City **Matthew Desmond**
Beyond the Gender Binary **Alok V. Menon**

PROFESSIONAL SOCIETIES

Professional societies
NMA @nationalmedassn
<https://www.nmanet.org/>

NHMA @nhmamd @nhma_cor
<https://www.nhmamd.org/>

AAIP @aaipdocs
<https://www.aaip.org/>

Society of Black Academic Surgeons @societyofbas
<https://www.sbas.net/>

Latino Surgical Society @latinosurgery
<https://www.latinosurgicalsociety.org/>

Be a mentor, support our medical students and their work!
LMSA @lmsa.uclacdu
SNMA @snma_ucladrew

PODCASTS



Check out Dr. Kemi Doll's "Your Unapologetic Career." Designed for women of color pursuing academic careers but with pearls of wisdom we ALL need in our life.
<https://podcasts.apple.com/us/podcast/your-unapologetic-career-podcast/id1565219435>

iPhotos!



Brunching at Post and Beam for Second Saturdays Sundays!

UCLA representing at the 2022 AMEC conference (Ruthy Mamo incoming EM intern, Chase Richard EM PGY3, Angellica Gordon Nuclear Medicine PGY2 and Preston Igwe Psychiatry PGY1).

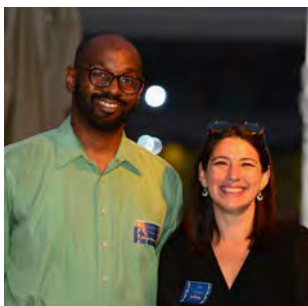


MHO mixer hanging out with our UCLA/CDU SNMA and LMSA students! The future of medicine photo we all need in our lives.

iPhotos!



Dr. Ceci Canales (Anesthesia PGY4), current MHO co-president, hosts a delicious homemade dinner for various MHO crew at her home. Gracias Ceci!



Event Program

6:30pm Opening Remarks
Dr. Jennifer Bailey & Dr. Carlene Samuel

7:00pm Performances
[MD]ivas of DGSOM
Phillip Chen (R2-IM), Mona Deng (R1-IM), Huan Dong (R3-Peds), Haroon Rasheed (MS4), Brandon Tsai (PhD1-MSTP)

Malaya Filipino-American Dance Arts
Marlo Campos
Cooper Davis

UCLA African American Music Ensemble,
Dr. Diane White-Clayton, Director
Yereinya Wright
Ifeanyi Nwonye

8:00PM - Keynote Speakers
Dr. Cecilia Canales & Dr. Daniel Okobi

8:30pm - Acknowledgement of



Some very excellent looking people at MHO graduation 2022!



Schmoozing with the newbies at the new intern welcome!

HOT OFF THE PRESS

PUBLICATIONS

Elnajjar A, Khan M, Foongsathaporn C, Lu F, Madaan V. Non-US International Medical Graduates in Psychiatry Training During the COVID-19 Pandemic: Challenges and Novel Solutions. *Academic Psychiatry*. 2022 Mar 31:1-6.

<https://link.springer.com/article/10.1007/s40596-022-01621-4>

Anderson TN, Kearse LE, Shi R, Kaba A, Schmiederer IS, Huffman EM, Ritter EM, Korndorffer JR Jr. Surgical endoscopy education research: how are we doing? *Surg Endosc*. 2022 Feb 22.

<https://link.springer.com/article/10.1007/s00464-022-09104-1>

Arias MP, Wang E, Leitner K, Sannah T, Keegan M, Delferro J, Iluore C, Arimoro F, Streaty T, Hamm R. The impact on postpartum care by telehealth: a retrospective cohort study. *Am J Obstet Gynecol MFM*. 2022 May.

[https://www.ajogmfm.org/article/S2589-9333\(22\)00053-2/fulltext](https://www.ajogmfm.org/article/S2589-9333(22)00053-2/fulltext)

Anderson TN, Kearse LE, Shi R, Kaba A, Schmiederer IS, Huffman EM, Ritter EM, Korndorffer JR Jr. Surgical endoscopy education research: how are we doing? *Surg Endosc*. 2022 Feb 22.

<https://link.springer.com/article/10.1007/s00464-022-09104-1>

Wong D, Mardock A, Manriquez E, Lai T, Sanaiha Y, Sinno A, Benharash P, Cohen J. Trends in Extent of Surgical Cytoreduction for Patients with Ovarian Cancer. *PLoS One*. 2021 Dec 8;16(12).

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC8654234/>

Chen C, Gold G, Cannesson M, Lucero J. Calling Out Aversive Racism in Academic Medicine. *N Engl J Med*. 2021 Dec 25. Online ahead of print.

<https://www.nejm.org/doi/full/10.1056/NEJMp2112913?af=R&rss=currentIssue>

Canales C, Mazor E, Coy H, Grogan T, Duval V, Raman S, Cannesson M, Singh S. Preoperative Point-of-Care Ultrasound to Identify Frailty and Predict Postoperative Outcomes: A Diagnostic Accuracy Study. *Anesthesiology*. 2021 Dec 1. Online ahead of print.

<https://pubs.asahq.org/anesthesiology/article-abstract/doi/10.1097/ALN.0000000000004064/118009/Preoperative-Point-of-Care-Ultrasound-to-Identify?redirectedFrom=fulltext#.YaqPy4mVKbg.twitter>

Bañuelos Mota A, Madrigal AT, Zia S, Robinson J. Student Voices on Leadership Training Needs to Care for Underserved Populations. *PRIMER*. 2021 Oct 18;5:37.

<https://journals.stfm.org/primer/2021/mota-2020-0079/>

Manriquez E, Zakhour M, Salani R. Precision Medicine for Cervical Cancer. *Curr Opin Obstet Gynecol*. 2021 Oct 1.

https://journals.lww.com/co-obgyn/Abstract/9000/Precision_medicine_for_cervical_cancer.99091.aspx

Ghanney Simons E, Bennet C. The First Black Woman in Urology in the United States. *Urology*. 2021 Aug 31;S0090-4295(21)00817-7.

[https://www.goldjournal.net/article/S0090-4295\(21\)00817-7/fulltext](https://www.goldjournal.net/article/S0090-4295(21)00817-7/fulltext)

Khan M, Madaan V. New Ways to Support the Recruitment of International Medical Graduates During the Pandemic. *Academic Medicine*. 2021 May 1;96(5):616.

https://journals.lww.com/academicmedicine/Fulltext/2021/05000/New_Ways_to_Support_the_Recruitment_of.6.aspx

Ghanney Simons E, Thavaseelan S, Saigal C, Downs T. Diversifying Graduate Medical Education and the Urology Workforce: Re-imaging our Structures, Policies, Practices, Norms and Values. *Urology*. 27 June 2021.

<https://www.sciencedirect.com/science/article/abs/pii/S0090429521005549?dgcid=coauthor>

Rafla-Yuan E, Chhabra D, Mensah M. Decoupling Crisis Response from Policing - A Step Toward Equitable Psychiatric Emergency Services. *NEJM*. 6 May 2021. <https://www.nejm.org/doi/full/10.1056/NEJMms2035710>

Cannon S, Seideman C, Thavaseelan S, Wilson S, Zaila K, Delgado J, Ghanney Simons E, Dy G. Urologists for Equity: A Collective Approach Towards Diversity, Equity and Inclusion in Urology. *Urology*. 2021 Jul 29.

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Ghanney Simons E. Black Women in Urology. *AUA News*. April 2021. <https://epub.auanet.org/publication/?i=702382&ver=html5&p=5>.

MHO YEAR IN REVIEW

UCLA Minority Housestaff Organization elected its inaugural board, May 2021 and has been busy serving our housestaff community ever since!

June 2021

MHO & GME new HOusestaff EDI Welcome

In our kick off event, MHO collaborated with GME to welcome our new residents and fellows to UCLA.



MHO New Member Mixer

MHO's Community and Professional Development Committee hosted a beautiful reception to welcome our new housestaff members and introduced them to the work of our committees



September 2021

3rd Annual Road to Residency

MHO's Community Investment and Recruitment Committee hosted the 3rd annual Road to Residency Conference. This virtual conference hosted nearly 200 URiM medical students with exclusive access to URiM housestaff, program leadership, workshops and mock interviews to help them achieve their best residency match.

Student Responses

- From **Laurne Tiema-Benson** to Everyone: 09:29 AM
This was such an inspiring story. Thanks for the encouragement. I am so moved.
- From **Jasmine Peters (She/Her)** to Everyone: 09:29 AM
I needed to hear this!
- From **Beatrice Jourdain** to Everyone: 09:29 AM
Thank you so much, tears. It definitely resonated with me.
- From **Bianca Bustamante** to Everyone: 09:29 AM
Amazing speech, thank you!
- From **Paola Lepe (she/her)** to Everyone: 09:29 AM



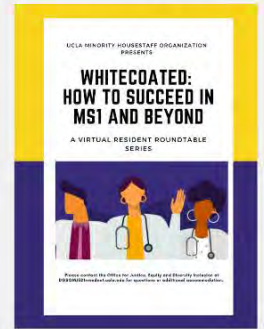
Dr. Alejandra Casillas was our stellar keynote and our students loved her message!

MHO YEAR IN REVIEW

AUGUST 2021

MHO's Community Investment and Recruitment Committee hosted the first of its quarterly roundtables where housestaff give URiM medical student advice on how to succeed at each stage of medical school.

RESIDENT-MEDICAL STUDENT ROUNDTABLES



MHO SPONSORED GRANTS

NOVEMBER 2021

MHO's Health System Equity and Community Investment and Recruitment Committees launched our Health Equity, Diversity, and Inclusion (HEDI) Innovation grants as well as our Travel Grants. These grants sponsored 5 housestaff initiatives in the HEDI space (for a total of \$15,000 in grant funding) as well as sponsored 6 housestaff to represent UCLA at the national SNMA and LMSA conferences. HEDI grants were generously sponsored by the UCLA Health System.

DECEMBER 2021

MHO HOLIDAY GALA & AWARD SHOW



The Community and Professional Development Committee helped us to end 2021 by celebrating our grant awardees and housestaff community at the UCLA Fowler Museum Terrace. The reception was graciously hosted by the UCLA Department of Medicine and we were joined by numerous supporting Deans and faculty.

MHO
YEAR IN REVIEW

JEDI JOURNAL CLUB

MHO Co-President, Dr. Cecilia Cañales, facilitated a candid and fascinating conversation with Dr. Jennifer Lucero (Associate Dean for Admissions at DGSOM and the Vice Chair for EDI in the department of Anesthesia). They discussed her new article, "Calling out Aversive Racism", published in NEJM.

FEBRUARY 2022



MARCH 2022

PROFESSIONAL DEVELOPMENT SERIES

The Community and Professional Development Committee brought in dynamic speaker, lawyer and MBA, Ethan Nkana to discuss physician contract negotiation pearls.

MHO's Professional Development
Topic #1: Contract Negotiation with Ethan N. Nkana, JD, MBA
Tuesday, March 29 at 7PM PST
see RSVP at https://ucblhs.acf.qualtrics.com/jc/form/SV_qlMyWFL
Zoom link to follow

MHO COMMUNITY BUILDING

The Community and Professional Development, continued to focus on community building through the launch of our social Saturdays to bring MHO members and housestaff together



APRIL 2022

MHO made it to the national stage as founder, Dr. Lovelee Brown, presented the organization's history and mission at the National American College of Physician's Conference in Chicago in conjunction with the DEI Shift Podcast.

THE DEI SHIFT
Join us for a live DEI Shift Podcast on "Launching a Successful DEI Initiative" at ACP's Annual Internal Medicine Meeting on Thursday, April 28th at 8am
Location: 184

Come celebrate the year with us at
MHO's Graduation Celebration
June 10, Luskin

MHO BY THE NUMBERS

83



MEMBERS

13

MHO EXECUTIVE BOARD

24



SUBSPECIALTIES REPRESENTED

- ANESTHESIA
- EMERGENCY MEDICINE
- INTERNAL MEDICINE
- PSYCHIATRY
- FAMILY MEDICINE
- SURGERY
- OBGYN
- NEUROLOGY
- PATHOLOGY

3



COMMITTEES

12



GENERAL MEETINGS EVENTS

5



MHO SPONSORED GRANT AWARDEES

HEALTH EQUITY, DIVERSITY, AND INCLUSION (HEDI) INNOVATION GRANTS

5 HOUSESTAFF INITIATIVES IN THE HEDI SPACE

6



6 HOUSESTAFF REPRESENTED UCLA AT THE NATIONAL LMSA AND SNMA CONFERENCES ON MHO SPONSORED GRANTS